

Mao Facial Plastic Surgery

Preoperative Guide to Office Surgery

Procedure: _____
Surgeon: _____
Date & Time: _____
Location: _____

GENERAL INSTRUCTIONS

1. Do not take aspirin, Advil®, Nuprin®, Motrin®, Ibuprofen, Aleve® or any similar anti-inflammatory / pain reliever for 7 days prior to your procedure. You may take Tylenol® if needed.
2. Please inform us when we are booking your procedure if you are taking Coumadin (Warfarin) or any other blood-thinning medications.
3. Please inform us if you take antibiotics prior to dental or surgical procedures.
4. Please stop all natural / herbal medications and vitamins 7 days prior to your procedure. You can continue to take all other medications as usual unless otherwise directed by your surgeon.
5. Please abstain from alcohol and smoking for 24 hours prior to your procedure.
6. We recommend that you eat your meals as usual. There is no need to fast prior to the office surgery.
7. Carefully wash your face the night before and morning of your procedure and do not wear facial makeup.
8. It is recommended that you do not drive yourself home following the procedure.
9. Please arrive 15 minutes prior to your procedure time.
10. If you have any questions, please call: _____ at 203-907-0501

Form Completed By: _____

Today's Date: _____

Patient's Signature: _____